## HALF or FULL DAY PACKAGE TOURS: Kayaking the Bay, Mill & Kayak, Lyndhurst Path, A country glimpse (kayak package with farm visit, full or half day):

Picnic is delivered at the determined lunch stop. Tablecloth, cutlery, plates & condiments. Select 2 options from:

		Eggs and macaroni salad		Beans or Lentils sala
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 $\hfill\square$  Onions and bacon quiche, or  $\hfill\square$  Chicken salad wraps.

Local Eastern Ontario cheeses & crackers. Homemade Dip and veggies from the farm.

Freshly homemade mocktail & French dessert.

85% of Ingredients are locally sourced or produce at the farm (seasonal products).

## What Guests can expect

To paddle 7-12km per day

Be capable of a few hours of moderate exercise each day We paddle rain or shine so rain gear is recommended (no paddling during storms or high winds).

We suggest arriving the evening before to unplug and get familiar with the local rhythm!

## Package includes

Half day or full day kayak rental, farm visit or activity. 1 gourmet picnic meal

Navigation charts Paddles & safety equipment

## Price per person: from \$85.00 (minimum 2 persons).

Group rates, custom orders & gluten free options also available